

POCKET PRAYERS

THE
UPPER
ROOM[®]

PRAYERS
for
HOPE



*Words of Faith
for Difficult Times*

Faith

Read John 8:25-30

In thee, O LORD, do I hope.

—Psalm 38:15 (KJV)

Above the entrance to a tunnel in the Austrian Alps, these words, “In thee, O LORD, do I hope,” are written in the old Roman language. I read the words through the window of the car the moment before we started into the dark. To me they became a sermon that I never shall forget.

No mistake can be greater than the idea that Christians should be spared the tunnels in life and travel only in open places in radiant sunshine. On the contrary, experience shows that we will be tried as much as others, if not more.

The difference is not that Christians are spared the hardships of life. Here is the great difference: Christians can write on every tunnel in life those words: “In thee, O LORD, do I hope.” They never travel in the dark alone. Because of faith in Christ, Christians always have God’s Spirit in their heart and life. Christ lets us see, even in the darkness, glimpses of light opening into the world of light.

*Prayer: O God, we thank you that we need never be alone, for you are near. You enable us to meet darkness as well as light. In the name of Christ, who teaches us to believe in you and pray, “Our Father which art in heaven, . . . * Amen.”*

THOUGHT FOR THE DAY

Most important is not what happens to us but that we meet all things with faith in God.

Torbjörn Wikmark (Sweden)

**See page 19 for the full text of The Lord’s Prayer.*

Hope in a Difficult Time

There is something deeper than trouble.

It is mercy.

God's amazing grace.

Carrying, lifting, holding us in all seasons.

There is something more powerful than despair.

It is mercy.

God's amazing love.

*Seeing us through dark nights, waves of sadness,
mountains of grief.*

There is something longer lasting than pain.

It is mercy.

God's healing touch.

*Bringing us hope, leading us to joy, teaching
us to sing.*

Larry J. Peacock (California, USA)

Thus says the LORD, . . . who created you,
Do not fear, for I have redeemed you;
I have called you by name,
you are mine.
When you pass through the waters
I will be with you;
and through the rivers, they shall not
overwhelm you;
when you walk through fire you shall
not be burned,
and the flame shall not consume you.
. . . you are precious in my sight,
and honored, and I love you.

Isaiah 43:1-2, 4

The Lord's Prayer

Our Father which art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done in earth,
 as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
 as we forgive our debtors.
And lead us not into temptation,
 but deliver us from evil:
For thine is the kingdom, and the power,
 and the glory, for ever. Amen.

Matthew 6:9-13 (KJV)

About The Upper Room[®]

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