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Milwaukee youth take pride in raising fish in an urban farming project sponsored by [Heifer International](#).

DO SOMETHING TRULY MEANINGFUL THIS CHRISTMAS

+ **Do Your Shopping at Ten Thousand Villages**, one of the world's oldest and largest fair trade organizations. They work with artisans in over 30 countries in Africa, Asia, and Latin America to bring you fair trade jewelry, home decor, gifts, and more. Fair trade enables these artisans to earn a fair wage and provides them an opportunity for a better quality of life. See their beautifully handcrafted gifts at www.tenthousandvillages.com, or visit a Ten Thousand Villages store near you.

+ **Tickle the Taste Buds** of those on your Christmas list with a gift of delicious fair trade coffee, tea, or chocolate from www.equalexchange.com.

+ **Plant a Tree**—virtually and realistically—in one of the poorest countries in the world. Visit www.tree-nation.com to help fight poverty and deforestation by planting a tree in honor of someone on your Christmas list.

+ **Collect Your Spare Change** and donate it to your church's mission program, to a favorite charity, or to the efforts of students working to end slavery and oppression through Loosen Change to Loosen Chains (www.lc2lc.org). Why not make this practice a habit throughout the new year?

+ **Make a Long-Term Difference** in the fight against world hunger through Heifer International (www.heifer.org). Give a gift of animals to a hungry family in honor of someone on your list. As the recipients become self-sustaining, they will pass on the blessings of your gift to others in need. Also, create your own Christmas wish list on the Heifer Registry and email it to family and friends.

THE GIFTS YOU GIVE—AND EVEN THE ONES YOU ASK FOR—CAN HELP OTHERS GET WHAT THEY NEED.