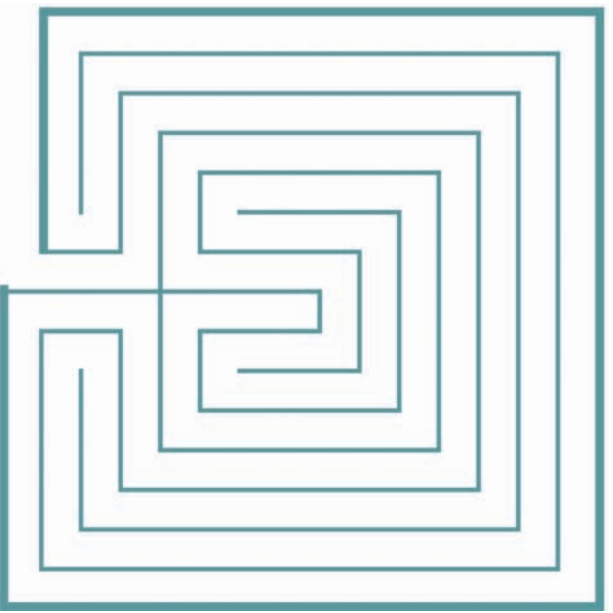
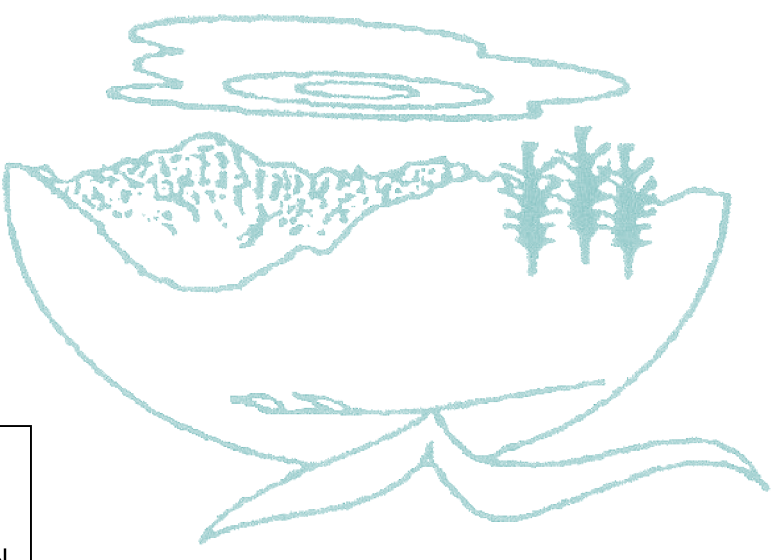


Pacific Northwest Conference Office
P.O. Box 13650
Des Moines, WA 98198-1009



The Academy for Spiritual Formation

The Academy was developed in 1983 to provide a truly ecumenical, in-depth, and comprehensive experience in spiritual formation.

The Academy is for *all* persons: laity, clergy, and seekers of all denominations, or of none, who are seeking God and wish to grow in Christian community with others.

Because the Academy seeks to offer an experience of community as well as individual devotion, all participants are expected to be residents of the retreat center. Commuter enrollment is *not* available.

www.upperroom.org/academy

The Five-Day Academy Offers You

- † A time to nourish your thirst for authentic prayer and spiritual growth.
- † A time to experience gentle silence, absorbing worship, and rich learning.
- † A time to be refreshed in the graceful, loving and healing presence of God.
- † A time to enter the theme and journey on your own holy ground and pilgrimage of discovery

Daily Rhythm

Each day moves in a rhythm of study and prayer, rest and activity, solitude and fellowship, providing an environment where participants can open their lives to receive God's love and grace to be formed for faithful Christian living and discipleship.

Each day is embraced by morning and night prayer and fortified with daily Communion. Faculty teachings are followed by silent and group reflection time. Free time for rest and reflection is also a daily provision.

Five Day Academy for Spiritual Formation

WALKING ON HOLY GROUND: JOURNEY OF PILGRIMAGE + DISCOVERY

FEBRUARY 21-26, 2010
Palisades Retreat Center
Federal Way, Washington

The 2010 Washington State Five Day Academy for Spiritual Formation is sponsored by the Pacific Northwest Annual Conference of the United Methodist Church, Board of Ordained Ministry, and The Upper Room.

Nonprofit Organization
U.S. Postage Paid
Seattle, WA
Permit No. 7027

The Academy Theme

"WALKING ON HOLY GROUND:
A JOURNEY OF PILGRIMAGE +
DISCOVERY"

"There are a thousand ways to kneel
and kiss the earth" - Rumi

The concrete sidewalk, the wooded trail, the waiting room, the sandy beach, the aisles of the grocery store, the prison cell, the carpet in our cubicles – *all* holy ground. We will spend the week tuning our eyes to see and ears to hear "all things in God and God in all things." Praying for the sustenance to walk our daily paths with awe, curiosity, courage, and grace for ourselves, our loved ones, and the stranger. We will spend time with our Celtic spiritual ancestors, places and people that resonate with the prayers and longings of many and the wisdom of the earth. We will pray together: where is God calling us to journey? Is it right under our feet?

Leadership Team

Co-Retreat Leaders:

Randy Henderson
Emily Linderman (nondenominational)

Retreat Leader Emeritus:

Suzanne Seaton

Worship Coordinator:

Roberta Egli (Oregon-Idaho Conf)

Covenant Group Coordinator:

Todd Bartlett (Oregon-Idaho Conf)

Registrar:

Delois Turley

The Upper Room Exec Director of the

Academy: Jerry Haas

Palisades Retreat Center

The Palisades Retreat Center is located on a lovely site overlooking Puget Sound. The center is newly remodeled and offers comfortable rooms, beautiful views and places to walk through woods and to the beach. The peaceful setting of the Palisades will nurture our community as we worship, pray, reflect and enjoy our week together.

www.seattlearch.org/palisades

Faculty



Robert Benson is writer who "comes from a family of writers and publishers and other folks who spent much of their lives working with and around writers and musicians and producers and artists." He's deeply rooted in his native Tennessee. Robert graduated from the two-year Academy for Spiritual Formation and became a member of The Friends of Silence & of the Poor, an international prayer community. Robert Benson says he writes two kinds of books, overtly religious and less overtly religious, about one thing – paying attention. He has a substantial body of work including his latest entitled The Echo Within: Finding Your True Calling and Living Prayer, a book he wrote primarily about his Academy experience.

www.robertbensonwriter.com



The Rev. Dr. Elizabeth J.

Canham has been leading pilgrimages and retreats for more than twenty-five years. She served as a spiritual guide to pilgrim groups in Israel, Egypt, Europe, the British Isles, and the Republic of Ireland. She is a priest in the Episcopal Church who came to the United States

from her native England in 1981 and continues to celebrate her Celtic heritage. Over the years Rev. Dr. Canham has served as a priest, Executive Director and Founder of Stillpoint Ministries, Retreat and Workshop Leader, author, professor, and Spiritual Director. Two of her books include Pilgrimage to Priesthood and Ask The Animals.

www.hospitesmundi.org

Dates

February 21-26, 2010: The Academy begins at 5:30 pm with a gathering of the community followed by dinner at 6:00 pm on Sunday & concludes with lunch Friday at noon.

Five Day Academy for Spiritual Formation February 21-26, 2010

Name: _____

Address: _____

Daytime Phone: _____

Evening Phone: _____

E-mail: _____

Church: _____

Lay _____
Clergy _____
Not affiliated with a church _____

Mail this registration form with your
\$50.00 non-refundable deposit to:

Five Day Academy
c/o DeLois Turley
P.O. Box 2444
White Salmon, WA 98672
509-493-2247

Make checks payable to:
"Treasurer, Pacific Northwest Conference"

Academy Fees:

\$50 (Non-refundable deposit) PLUS
\$550 Tuition, Room, and Board
(Paid in full by Dec 31, 2009) or
\$600 Tuition, Room, and Board
(Paid in full after Dec 31, 2009)
Optional Scholarship Donation for
Lay Participants

Amount Enclosed: _____

Registration Deadline - Feb. 1, 2010